Plastic produce bags

Romaine lettuce (or other lettuce)

Baby tomatoes

Celery

Italian parsley

1 serving zucchini or yellow squash

4 red pepper

3 green pepper

3 small red onion or 2 large red onions

2 yellow onion

3 carrots

4 large Yukon Gold potatoes (or Russet if no Yukon Gold)

7 medium Russet potatoes

4 cups red potatoes

1 lb. broccoli

1 1/2 lb. mushrooms

1 lime

1 cube firm tofu

1 lb. bean spouts

1 package spinach

Fresh mint

7 servings of fruit

Peaches $1.49/lb.

Sliced bread (1 loaf)

Bagels (1 sleeve)

Apple pie (expiration date after Friday)

32 oz. vegetable broth

Holland House Red Cooking Wine

Sriracha sauce

1 package Italian seasoning mix (regular, Zesty is okay if no regular)

Small flour tortillas

Chips for the dip

Coke Cola (if sale)

Ginger Ale (if sale)

Fanta orange drink

Seltzer water

4 large hot Italian sausage

1 package chicken thighs (with bone and skin), $1.79/lb.)

5 lbs. boneless, skinless chicken thighs ($2.49/lb.)

1 lb. salmon ($5.99/lb.)

Milk (3 gallons)

Eggs (18)

16 oz. sour cream

Honey

Vanilla ice cream